

PathFinders

# Ambassador Newsletter 2020



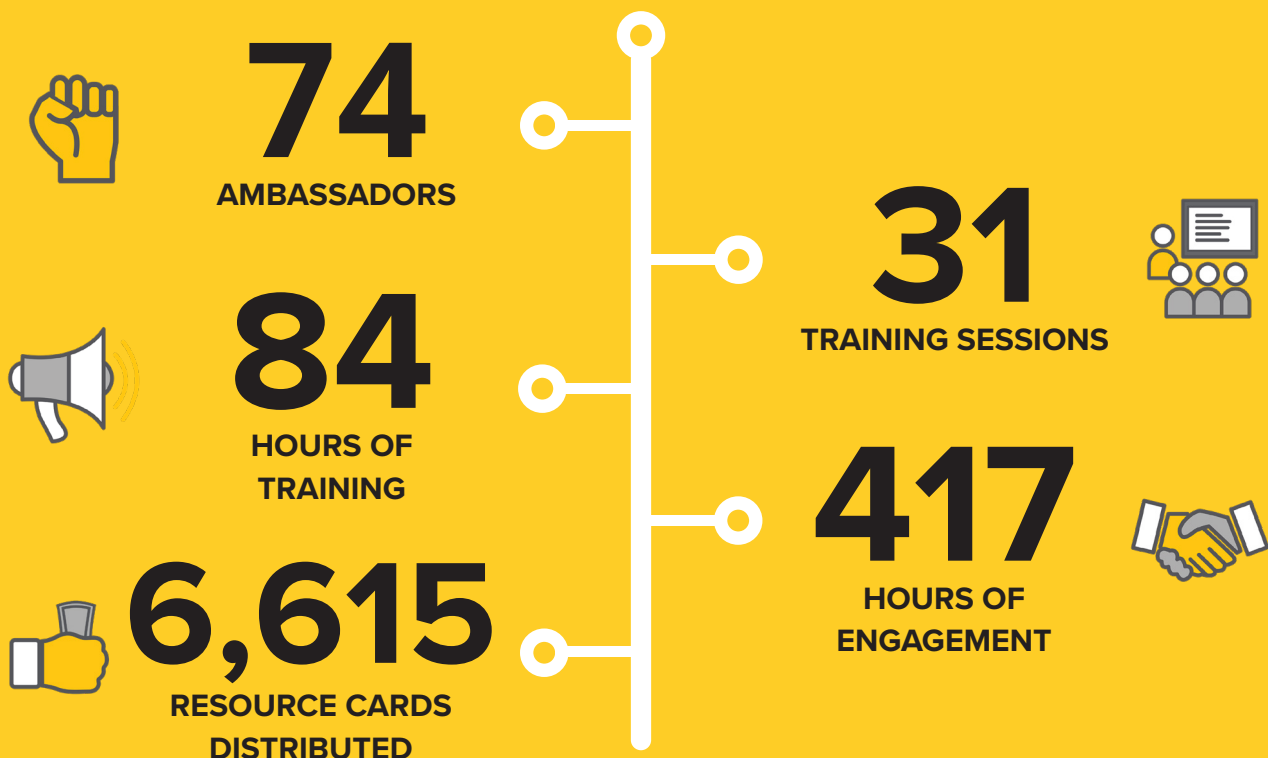
# FOREWORD

Our Train the Trainers program seeks to empower migrant domestic workers (MDWs) as PathFinders Ambassadors to educate their peers on maternity protection, love scams, misconceptions, and the importance of making well-informed life decisions whilst working in Hong Kong. Each PathFinders' Ambassador is provided with bespoke training to enable them to professionally deliver our message with confidence, accuracy, confidentiality and in a way that is culturally-sensitive. Our goal for Train the Trainers is to establish a sustainable outreach model that is led and delivered by MDWs for MDWs. By focusing on outreach and prevention, this program is in line with our long-term strategy to reduce, and potentially remove, the need for PathFinders in the coming years.

We are enormously grateful to all our Ambassadors for taking the time during their day-off to join us, especially during COVID-19. Social distancing measures meant we had to modify our training sessions to digital platforms. While this change was initially unfamiliar, we were able to successfully transition through the efforts of our Ambassadors. We are incredibly inspired by our Ambassadors' dedication to empower their communities, the support they provide to their fellow Ambassadors, and the personal growth they undergo through Train the Trainers. To celebrate our Ambassadors, we are launching an annual newsletter to highlight their achievements. Be on the lookout for our Ambassadors as they empower their own communities!

Sincerely,  
PathFinders

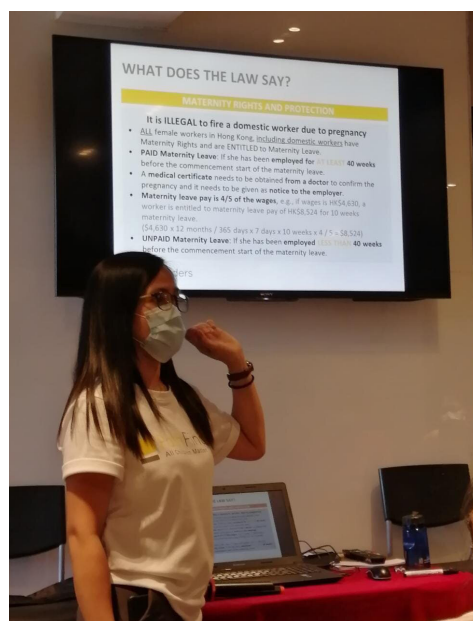
## 2020 HIGHLIGHTS\*



\*As of November 30th, 2020

# AMBASSADOR' STORIES

Hani conducted her outreach with three friends she met and supported through Facebook engagement. They followed Hani because her sincere and genuine approach to help other MDWs inspired them so much they wanted to learn from her. According to Hani's new friends, "it's great to have other people's support when you need it," and "knowledge allows us to help ourselves and others."



*"When I do outreach, it's so touching and encouraging to see the amazement from MDWs when they hear about an organisation like PathFinders that helps pregnant migrant workers. Their reaction reminds me of how I felt when I first heard about PathFinders."*

- Jocelyn

At first, Kartini found her outreach challenging. Even though many people refused to take a resource card, she was happy many MDWs asked questions and sought further information from her, because it meant that she can help others.



# MEET OUR AM



Ailene Esteves



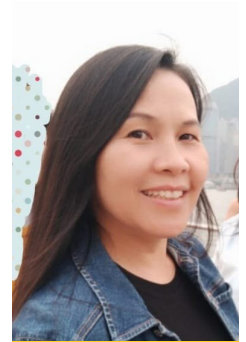
Aline



Angelina Villanueva



Anggaraini



Annie Motulo



Aprille Marie Luna



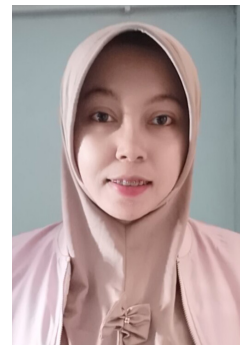
Baby Jean De Leon



Defni Katimbang



Diana (Nana Sutomo)



Dwi Mustika Ratih



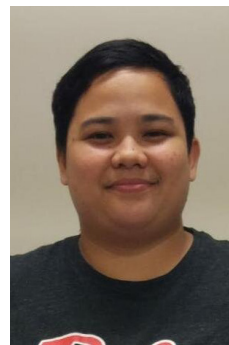
Dwi Purnamasari "Dee"



Dwi Sukartini



Elena G. Versoza



Eme Delavin



Eni Kurniawati



Esther Agnes Egetan



Fe Diza



Gigi Lingao Blanco



Gina B. Gagno



Ginalyn Salvedar

# EMBASSADORS



Hanifah Nur Hidayati (Hani)



Jenelyn Celes



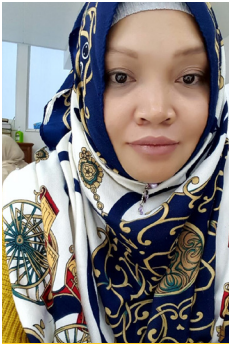
Jerry Mae Duterte



Jocelyn Barite



Kartini



Kasiroh



Korneli Anci Lilir



Kristina Para'pak



Leyden Mae Saulan



Lilik Supartini



Lily Wong



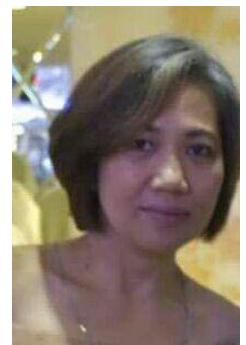
Liza Avelino



Lorna S. Pagaduan



Lovely M. Erez



Ma Consuelo Dagala



Ma. Gina Geninel



Marie Nuryaty Alow



Marlin Hendrawan



Marselina Atandima



Mary Jezan Lampa

# MEET OUR **AMBASSADORS**



Meryviel Daleon



Milajeon  
Malodrigo



Mulyani Yunus  
Supriyanto



Neda Reyes



Nelci Taferi  
Sunbanu



Nike Endar  
Sulistyaningsih



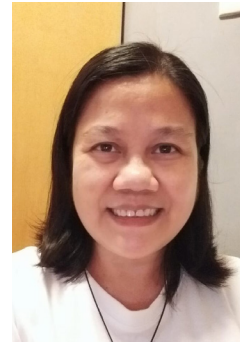
Nurhalimah



Ramona Garcia



Rhovelyn Acoba



Rodelia Pedro  
Villar



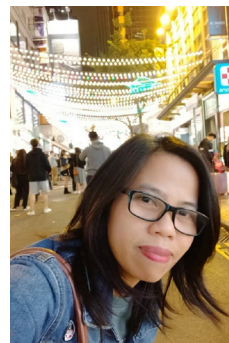
Rudiana Susanti  
Kurnia



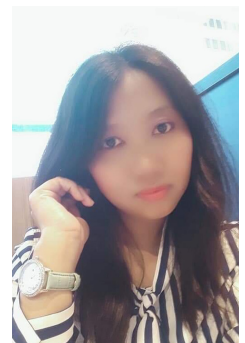
Rudilyn Gaburno



Sella Mandagi



Selvi



Sherli Inggrit



Siti Nor Rohmah



Sri Martuti



Yamini Dayat



Yayuk Ismiati



Yuliana Palanggu

# AMBASSADOR INTERVIEWS

## YAYUK

*What did you learn from Train the Trainers?*

How to clearly communicate PathFinders' message with my friends:

- 1) Speak clearly and concisely about maternity rights with those who don't know about the topic.
- 2) Be polite.
- 3) Wear a smile or a friendly facial expression.

*What type of support and resources do PathFinders provide you?*

- 1) They provide us with training sessions to understand maternity rights so that we can easily relay the information to our friends.
- 2) They answer any questions that we have and clarify our misconceptions.
- 3) They give me the opportunity to keep trying, even when I almost gave up being an Ambassador because of personal problems.



## LORNA



*What is a challenge you have faced during outreach?*

Considering that Filipinos have strong family ties, when they go out of the country away from their loved ones, they are easily lured into a honeymoon relationship through sweet words. My biggest struggle is how to let the ladies out there understand that not all men who say, "I love you" really love them! It is very normal that if the person is experiencing the peak of happiness during a new relationship, she may not accept the possibility that it is a scam because she will say that I am just ruining her happiness. When my friends are scammed, I need to remind myself not to say things that add to the pain or burden already, and instead, I should offer a shoulder to cry on.

*What is something that everyone should know about the Ambassadors team?*

I just have a wishful thinking—we have the courage to share our maternity rights and PathFinders to employers. It's a two-way process. I know that this is very risky, but if a worker knows and asserts her rights, some employers will follow it. I encourage my friends, if they don't want to directly bring up the topic with their employer, to put a PathFinders leaflet in a place where their employer might see it. This might make their employer ask about PathFinders, maternity rights, and even what their worker does on her day off.



# PROGRAM EVALUATION

## What is the Impact?

PathFinders' Train the Trainers program aims to achieve the following three goals:

- 1) Prevent unplanned pregnancies, pregnancy discrimination, and love scams.
- 2) Equip MDWs with adequate knowledge on maternity rights and protection.
- 3) Empower MDWs to be community leaders with knowledge and resources to conduct outreach on behalf of PathFinders.

We hold full-day workshops to train our Ambassadors on maternity rights and protection, love scams, and client sensitivity. We also regularly organise "Ask Me Anything" sessions to clarify common misconceptions. This year, we also expanded our Train the Trainers program to offer additional workshops on:

- Home Country Integration
- Effective Communication and Public Speaking
- Love Scams
- Empowerment Through Social Media
- Cultural Mindfulness
- The Discrimination Ordinance
- Peer Counselling
- Mindfulness
- Emotional Freedom Tapping
- Stress and Anxiety Management
- HIV/AIDS
- Gender Talk

Our topics are chosen based on the relevant skills and resources needed to empower our Ambassadors to organise their own outreach initiatives; Ambassador' feedback on the knowledge they are interested in learning and the questions they receive during outreach; and the recurring issues faced by PathFinders' clients.

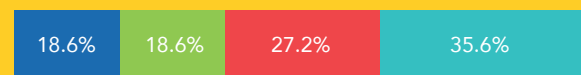
Impact is very important to us! After every Train the Trainers workshop, we ask our Ambassadors for their feedback to allow us to assess how we can better tailor our workshops so that more Ambassadors can confidently and accurately conduct their outreach.

## Train the Trainers Workshop Survey

78 Respondents

How was your understanding of the topic before?

1: Lowest 2 3 4: Highest



Did this training enhance your knowledge on the topic?



Did this training increase your awareness on the area(s)?



Are you equipped with the skills through this training?



Do you feel comfortable to apply what you have learned?



Would you recommend this training workshop to other MDWs?



## What Did Our Ambassadors Say?



*"The social media training was very useful because in this technological age, not only do we need to know how to use social media, but we also need to be responsible and use it in a more productive way."*

*"I am not here for myself but to reach migrant workers who are struggling with their pregnancy. It was a big help to attend your training to learn more. Now I have the courage to talk to people and give some advice."*

*"Thank you so much for the knowledge and information delivered to us. I am confident enough now to give advice in a right and precise way to any distress MDWs. I hope that we have some more training to develop our communication skills with fellow MDWs so that they believe in us as Ambassadors."*

*"Being equipped with proper information, knowledge and skills, I have the power to use my voice to deliver the message and create ripple effect within our community."*

# SOCIAL MEDIA CHALLENGES

One way we have been staying connected with our ambassadors and the wider MDW community is through online challenges. These challenges enable MDWs to critically reflect and engage with topics related to love, pregnancy, and parenting.

## LOVE EMPOWERS

*"Love always find its way to celebrate life, give hope and inspire others to be the best version of themselves."*

ImreAl Roncal

## INTERNATIONAL WOMEN'S DAY DANCE CHALLENGE

*"Sending love to all migrant mothers and support to PathFinders' Ambassadors. Let's unite all women with maternity rights!"*

## MOTHERS AND WORKERS APPRECIATION DAY

*"The value I want to pass to my kids is happiness from within is more precious than anything....Be grateful for what you have, don't stop believing in yourself and let GOD be your refuge..."*

Lomibao Cielo

## PARENTING ABROAD

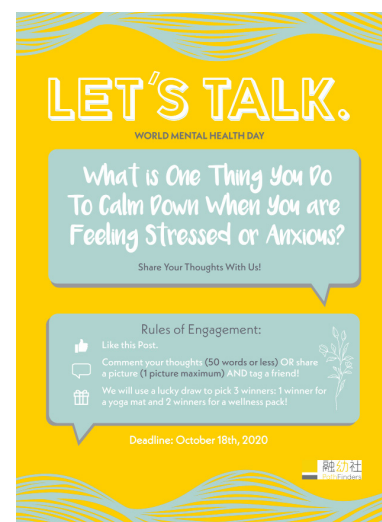
*"Working overseas isn't easy, especially if you have children. The bond is different when you are physically with them when they are growing up. But because of our dreams for them to have a brighter future, we have to sacrifice. That's what I learned from my parents—doing the best for my children. I cannot forget how my parents did their best just to provide for their seven children. I cannot forget how my parents struggled, especially my father, just to give us our necessities. That is tattooed in my mind...That's why now, even though my work is a bit difficult, I still do my best because I am doing all of this for my children."*

Maria Dee

## LET'S TALK: WORLD MENTAL HEALTH DAY

*"One thing I do to calm down when I feel stressed or anxious is about music. I sing songs like love songs or country songs. Music is my stress reliever."*

Mhelanie Escobedo Millano



# PATHFINDERS AMBASSADORS

Thank you to our 74 Ambassadors for joining the Train the Trainers program!

Agnes Romero	Hanifah Nur Hidayati "Hani"	Milajeon Malodrigo
Ailene Esteves	Heri Edi Saputro	Mulyani Yunus Supriyanto
Aline	Ika Susanti	Mukti Radjini Djajalelana
Alicia Dela Cruz	Jenelyn Celes	Neda Reyes
Angelina Villanueva	Jerrymae Duterte	Nelci Taferi Sunbanu
Anggaraini	Jocelyn Barite	Nike Endar Sulistyaningsih
Annie D. Agravante	Kartini	Nurhalimah
Annie Motulo	Kasiroh	Purwasih
Aprille Marie Luna	Korneli Anci Lilir	Ramona Garcia
Baby Jean De Leon	Kristina Para'pak	Rhovelyn Acoba
Defni Katimbang	Leyden Mae Saulan	Rizza May Baculi
Diana "Nana Sutomo"	Lilik Supartini	Rodelia Pedro Villar
Dwi Mustika Ratih	Lily Wong	Rudiana Susanti Kurnia
Dwi Purnamasari "Dee"	Liza Avelino	Rudilyn Gaburno
Dwi Sukartini	Lorna S. Pagaduan	Rumiyati Binti Muji Suwanto
Elena G. Versoza	Lovely M. Erez	Sella Mandagi
Eme Delavin	Luzviminda Galvezo	Selvi
Eni Kurniawati	Ma Consuelo Dagala	Sherli Inggrit
Erna Dwi Rahayu	Ma. Gina Geninel	Siti Nor Rohmah
Esther Agnes Egetan	Ma.Lefa Gedoria	Sri Martuti
Fatimah	Marie Nuryaty Alow	Yamini Dayat
Fe Diza	Marlin Hendrawan	Yayuk Ismiati
Gigi Lingao Blanco	Marselina Atandima	Yhohana Fitriya
Gina B. Gagno	Mary Jezan Lampa	Yuliana Palanggu
Ginalyn Saldevar	Meryviel Daleon	

## ACKNOWLEDGEMENTS

Thank you to all of our trainers and partners for the hard work they have put into executing the enriching and insightful workshops for our Ambassadors!

CRC-Migrant Training Centre	Jules Hannaford
Dedy Kristanto	Kristopher Cheng
Enrich	Médecins Sans Frontières
Equal Opportunity Commission	Next Chapters
Falguni Mather	Virgilio Lumicao
Hong Kong Aids Foundation	Vistamika Wangka
Indonesian Consulate	



# All Children Matter

# Semua Anak Berharga



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